

Registration for the Nova Scotia 55+ Games is Now Open!

REGISTRATION:

Antigonish will be hosting the 2019 Nova Scotia 55+ Games. We will be offering 26 activities from August 1-August 3. To register for the Games, please fill out the attached form or visit the following website to register online:

https://www.antigonish55plusgames2019.ca/

Registration deadline is July 1, 2019

ACCOMMODATIONS:

Many the events will take place on the StFX Campus. Accommodations will be available on campus as well as throughout the community. For information about the on campus accommodations please contact:

Taylor MacIntyre
Conferences & Special Events
902-867-2334
stay@stfx.ca

For general accommodation information, please visit:

https://www.antigonish55plusgames2019.ca/accommodations/

This is the accommodation list for those who will be joining us for the curling event in October as the on campus accommodations will not be available.

GENERAL INFORMATION:

For general assistance or if you have any questions about the Games, please contact our Event Coordinator, Michelle Cameron:

Phone: 902-318-6555

Email: antigonish55plusgames@gmail.com

Thank you and we look forward to hosting the Games this summer!

NS 55+ Games 2019 Organizing Committee



2019 NOVA SCOTIA 55+ GAMES

August 1 – August 3, 2019 Antigonish, NS

PARTICIPANT & NON-PARTICIPANT REGISTRATION FORM

Send registration form & payment to:

Nova Scotia 55+ Games Antigonish 274 Main Street Antigonish, NS B2G 2C4 902-318-6555

Or email registration form and e-transfer registration fees to:

antigonish55plusgames@gmail.com

Cheque payable to:

2019 NS 55+ Games Antigonish Society

REGISTRATION DEADLINE IS JULY 1, 2019

SECTION 1 – PERSONAL INFORMATION (PLEASE PRINT CLEARLY)

First Name:		Last	Name: _			
Address:						
City/Town:				Postal Code	::	·
Region: (please circle)	Cape Breton	Central	Fundy	Highland	South Shore	e Valley
Home Phone:		Ce	ell Phone:			
Birth Date: (mm/dd/yy	ууу)/_	/			□Male	□Female
Age: (as of Dec. 31/20	19)		<u>-</u>			
Email:						
Special needs, allergie	s or food requ	irements:				
Emergency Contact:	Name			 Numbe	r:	



SECTION 2 – REGISTRATION FEES (All fees are non-refundable after July 1st)

Event	Fees	Amount Submitted
Registration fee for ALL participants	\$35.00	
Registration fee for NON participants	\$20.00	
ADDITIONAL FEES		
Banquet Fee	\$25.00	
Curling Fee Per Person	\$20.00	
Golf Fee Per Person	\$20.00	
Hockey Fee Per Person	\$20.00	
Ceilidh in the Round*	\$30.00	
TOTAL SUBMITTED		

^{*}Please take this opportunity to join us for our annual Ceilidh in the Round hosted by multi award winner and international Celtic rock sensation Bruce Guthro. This is a once in a lifetime opportunity to experience a true Maritime kitchen party with world renowned artists and dancers. \$30 when purchased with registration \$40 at the door (if available). All proceeds to St. Martha's Regional Hospital Foundation. August 2, 2019 Doors 7pm - Concert 8pm.

Cheques can be made payable to: 2019 NS 55+ Games Antigonish Society

Fees may be paid in cash, cheque, credit card or e-transfer

Cash Cheque Debit Card

Electronic Money Transfer: antigonish55plusgames@gmail.com

Please include name the email transfer will be coming from:

Please set security question as What is the location of the games? and the answer as Antigonish.

Credit Card: Mastercard Visa

Card Number Expiry (mm/yy) *CVV/CVC:
(*located on back of card)

Participants can also call 902-318-6555 to process payment via credit card.

FOR OFFICE USE ONLY:

Date Received:
Amount Paid:

Method of Payment:

Received By:_____

Notes:



SECTION 3 – ACTIVITY AND SPORT (Participants only)

(Participants may NOT change activities after registration deadline)

REGISTRATION DEADLINE IS JULY 1, 2019

Name:		Regi	ion:			
PLEASE CHECK OFF TO	-	T FOR WHI				
CATEGORI AGE.	□33+ □00+	□05+ □	⊿70 ∓	□/5+ □80	т 🗀 65 т	
INDIVIDUAL ACTIVITY/	SPORT:					
☐ 8-Ball Pool	□Men's □V	Vomen's				
☐ Golf		ow Gross	☐ Low	Net (GC Handic	• •	•
	□Women's □ L	ow Gross	☐ Low	Net (GC Handic	ap) □Callawa	ау
☐ Scrabble						
☐ 5km Run (BONUS Ev		-			-	
☐ 10km Run (BONUS E			ppening		ne)	
☐ Mountain Biking				□10km	□15km	
☐ Track & Field (maxir	•	-		□Women's	_	_
□50m □100		□400m		□800m	□1500m	□3000m
	☐Shot Put			□Long Jump	☐Triple Jump	□Discus
□ Predicted Wa				alk 1000m		
☐ Swimming (maximu	• • • • • • • • • • • • • • • • • • • •			□Women's		
□50m Freestyl		•		n Individual Med	diey	
	y □50m Back			n Backstroke		
□50m Breasts	troke 100 Brea	ststroke	□Relay	<i>'</i>	☐Predicted Sw	/im
PARTNER ACTIVITY/SP	ORT:					
☐ 45's	Partner's Name:					
☐ Contract Bridge	Partner's Name:					
☐ Cribbage	Partner's Name:					
☐ Skip Bo	Partner's Name:					
☐ Washer Toss	Partner's Name:					
☐ Duplicate Bridge	Partner's Name:					
☐ Darts	☐Men's Singles ☐]Women's S	ingles [□Men's Double	s 🗆 Women's 🛭	Doubles
		Partnei	r's Name	e:		
☐ Pickleball	☐Men's Doubles					
	☐Women's Double	es Partnei	rs Name	·		
	☐Mixed Doubles	Partnei	rs Name	·		
☐ Tennis	☐Men's Doubles	Partnei	rs Name	:		
	☐Women's Double	es Partnei	rs Name	:		
	☐Mixed Doubles	Partnei	rs Name	·		
TRY IT SESSIONS:						
□ Rowing						
☐ Geocaching						
☐ Disc Golf						
☐ Trail Biking (Bike's w	vill he sunnlied)					
- Han Divilia (Dive 2 M	in ac supplicu,					



TEAM SPORTS:

Each team member must register and fill out an individual registration form. A Team Roster is to be submitted by the Team Captain or Skip only. TEAM ROSTER FORM – DEADLINE JULY 1, 2019. FOR 55+ GAMES RULES VISIT: www.canada55plusgames.com

$\hfill\square$ Candlepin Bowling (Team Roster Required, 5 players; only to be	e submitted by the Te	eam Captain):
☐Men's Singles ☐Women's Singles		
Team Captain's Name:		
☐ Ice Curling (Team Roster Required, 4/5 players; only to be subm ☐ Men's 55+ ☐ Women's 55+ ☐ Mixed 5! ☐ Men's 65+ ☐ Women's 65+ ☐ Mixed 6!	5+	Please note: Curling will take place October 17, 18, 19.
Skip's Name:		
☐ Ice Hockey (Team Roster Required, Min 11, Max 20 players; onl	 ly to be submitted by	Team Captain):
☐Men's 55+ ☐Men's 65+ ☐Women's 55+ €		• •
☐Men's 60+ ☐Men's 70+ ☐Women's 60+ M		
**Coach and Manager must be 55 years of age an	d register as a partic	ipant.
☐ Women's Soccer (Team Roster Required, Min 7, Max 12 players	s; only to be submitte	ed by Team
Captain): Team Captain's Name:		
\square Slo Pitch (Team Roster Required, 10/11 Min, 16 Max; only to be	submitted by the Te	eam Captain):
☐Mixed ☐Open Team Captain's Na	me:	
	or:	
Team Contact:		
Mailing Address:	· · · · · · · · · · · · · · · · · · ·	
E-mail Address:		
TEANA MATMADERS	DATE OF BIRTH	/ / d.d./
TEAM MEMBERS	DATE OF BIRTH	(mm/dd/yyyy)
1		
2		
3		
4		
5		
6		
7		
9		
10		
11		
12		
13		
14 15		
16		
17		
18		
19 20		
20		



Date

SECTION 4 - SPECIAL EVENTS	ANTIGONISH 2019
I will be attending the Opening Ceremonies & Reception Thursday, August 1 I will be attending the Closing Banquet on Saturday, August 3	☐ YES ☐NO ☐ YES ☐NO
SECTION 5 - COMPULSORY PARTICIPANT WAIVERS The following agreement contains important provisions which limit the Liability in the event of an injury, property damage or death, and must be signed as a corparticipation in the 2019 Nova Scotia 55+ Games.	
To be eligible to participate in the Games, you must be a permanent resident of	Nova Scotia.
AUTHORIZATION TO USE WRITTEN MATERIALS/PHOTOGRAPHS I hereby authorize the Nova Scotia 55+ Games Society and the Host committee Scotia Games in Antigonish, NS to use, reproduce and/or publish photographs a which may pertain to me. I understand that this material will only be used in and/or written publication that will be used to promote the 2019 Nova Scoparticular and the Antigonish 55+ games in general. This authorization is continue withdrawn by my specific rescinding of this authorization.	s described below, a display website otia 55+ Games in
Description of material: Photograph(s) and/or printed material to be used to prexhibits, websites, trade shows and publicity for the 55+ Games in general, at the YES, I authorize \Box NO, I do not authorize	
RELEASE, WAIVER AND ASSUMPTION OF RISK I, the undersigned, hereby acknowledge that participation in the 2019 Nova might result in personal injury, property damage or loss, and possibly death. these risks and hereby agree to participate in the above mentioned Games at measurements.	I fully understand
In consideration of the 2019 Nova Scotia 55+ Games Host and the 2019 Nova Society, I and my heirs, executors, administrators and assigns agree not to hol where the Games are being played, Antigonish Host Committee or the Nova Society, or any of their servants, agents, sponsors, volunteers or employees r personal injury, property damage or loss, death resulting from or in connect programs initiated, conducted or organized by the 2019 Nova Scotia 55+ Games	d the various sites Scotia 55+ Games esponsible for any tion with affiliated
I have carefully read this release, waiver, Assumption of Risk Agreement and a understand said agreement and I am freely and voluntarily executing the same.	uthorization. I fully

Name of Participant/Non Participant

(Please print)

Signature of Participant/Non Participant



PARTICIPANT / NON-PARTICIPANT HEALTH FORM

THIS FORM IS TO BE COMPLETED BY EACH PARTICIPANT AND KEPT IN YOUR LANYARD. PLEASE DO NOT SUBMIT THIS WITH YOUR REGISTRATION FORM BUT IT <u>MUST</u> BE KEPT ON YOU AT ALL TIMES DURING THE GAMES.

Name:		
Birthdate:	Age:	_
Address:		
Region: (please circle)	Cape Breton Central Fundy Highland South Sho	ore Valley
Health Card Number: _		
Family Doctor:	Phone:	
Emergency Contact #1:	Phone:	
	Phone: ntacts that you have listed them on this form and that .)	
	. Diabetes)	
Allergies: ☐ YES ☐ NO	If yes, please specify: llergy medications with you)	
List current medication	s and dosages:	
Committee permission	nsent to any necessary treatment and I give the 20 to transport me to the nearest medical facility. I ditional costs involved in transportation.	
Signature	Date Signed	

Please bring your Nova Scotia health card with you. You must have this form inside your name tag for the duration of the games.



Schedule of Events

* Event Takes Place on Multiple Days

Activity/Sport	Date	Location	Time			
	THURSDAY					
Golf** Antigonish Golf and Country Club 9:00am						
Candlepin Bowling (M & W Singles)	Thursday, August 1	Pin's Bowling Centre	9:00am			
Cribbage	Thursday, August 1	StFX Room TBD	9:00am			
Ice Hockey**	Thursday, August 1	StFX Aux & Antigonish Arena	9:00am - 5:00pm			
Pickleball**	Thursday, August 1	StFX Main	9:00am - 5:00pm			
Slo Pitch**	Thursday, August 1	Regional Field	9:00am - 5:00pm			
8-Ball Pool	Thursday, August 1	Dooly's	10:00am			
Geocaching * Try It	Thursday, August 1	Keppoch Mountain	10:00am			
Contract Bridge	Thursday, August 1	StFX Room TBD	1:00pm			
Mountain Biking	Thursday, August 1	Keppoch Mountain	2:00pm			
Trail Biking *Try It	Thursday, August 1	Keppoch Mountain	3:00pm			
Disc Golf *Try It	Thursday, August 1	Keppoch Mountain	2:00pm			
OPENING CEREMONIES	Thursday, August 1	STFX Keating Centre	7:00pm			
	FRIDAY	9				
Predicted Walk 400m	Friday, August 2	StFX Track	7:45am			
Track & Field	Friday, August 2	StFX Track	7:45am			
Swimming	Friday, August 2	Oland Centre Pool	9:00am			
Golf**	Friday, August 2	Antigonish Golf and Country Club	9:00am			
Ice Hockey**	Friday, August 2	StFX Aux & Antigonish Arena	9:00am - 6:00pm			
Pickleball**	Friday, August 2	StFX Main	9:00am - 6:00pm			
Candlepin Bowling (Team Event)	Friday, August 2	Pin's Bowling Centre	9:00am - 5:00pm			
Darts	Friday, August 2	Antigonish Legion	9:00am			
45's	Friday, August 2	StFX Room TBD	9:00am			
Slo Pitch**	Friday, August 2	Regional Field	9:00am - 5:00pm			
Women's Soccer**	Friday, August 2	StFX Soccer Field	9:00am - 5:00pm			
Tennis	Friday, August 2	The Lochaber Centre	10:00am			
Rowing * Try It	Friday, August 2	The Lochaber Centre	10:00am			
Predicted Walk 1000m	Friday, August 2	StFX Track	12:00pm			
Duplicate Bridge	Friday, August 2	StFX Room TBD	1:00pm			
SATURDAY						
5km & 10km Run	Saturday, August 3	Antigonish Landing	8:30am			
Ice Hockey**	Saturday, August 3	StFX Aux & Antigonish Arena	9:00am - 4:00pm			
Pickleball**	Saturday, August 3	StFX Main	9:00am - 4:00pm			
Women's Soccer**	Saturday, August 3	StFX Soccer Field	9:00am			
Scrabble	Saturday, August 1	StFX Room TBD	9:00am			
Washer Toss	Saturday, August 3	StFX Memorial Field	11:00am			
Skip Bo	Saturday, August 3	StFX Room TBD	1:00pm			
BANQUET AND CLOSING CEREMONIES	Saturday, August 3	StFX Room TBD	5:30pm			
	OCTOBER 16, 17,	18				
Ice Curling	Thursday, October 17	Highlander Curling Club	9:00am			
	Friday, October 18	Highlander Curling Club	9:00am			
	Saturday, October 19	Highlander Curling Club	9:00am			