



## **MEMBER ASSOCIATION RESPONSIBILITIES: ANTI-DOPING RULES & EDUCATION**

**Curling Canada is committed to the principle of a clean and fair sport environment. Curling Canada has zero tolerance for Athlete use of products included in the WADA list of Prohibited Substances.**

**What can the MA do to ensure clean and fair play in all competitions?**

- **Member Associations should include at least one reference to the CCES CADP rules in their signed participant agreements.** E.g. “I agree with the principle of ‘fair play’ and I will abide by the Canadian Centre for Ethics in Sports (CCES) Anti-Doping Program (CADP) which requires the avoidance of banned substances”

**Why should the MA educate athletes about Anti-Doping Rules?**

- **Member Associations are the first point of contact for competitive athletes to be held accountable for adherence to Anti-doping rules.**
- **It is possible for the CCES to do random doping control testing at a provincial/territorial competition.** Curling Canada is a signatory to the CCES Anti-Doping Program thus Member Associations are also considered signatories. According to the CADP any competitive curling athlete in Canada can be tested at any time.
- **Doping Control Testing is done at National Events** where athletes representing MAs are competing.
  - Athletes need to be prepared to be tested at nationals.
  - Athletes must check their medication prior to nationals and be prepared to report which medications they are using if they are tested.
  - Athletes are recommended to apply for a TUE for any prohibited substances prior to competing at a national event.
  - Athletes who test positive for banned substances can have a 2 year suspension which has a huge impact on their curling career and on their team.
  - Many Athletes use Nutritional Supplements which are considered high risk for containing undeclared banned substances.

Regardless of whether the competitive athlete is likely to be tested or not, Anti-doping education is an important concept to learn at every stage of athlete development.



## What are the Options for Anti-doping Education?

- **It is recommended that Member Associations require athletes to complete the free CCES Online Education course** <https://cces.ca/course-outline>. At the completion of the course the athlete can print a certificate for proof of completion. [Note that athletes may have already done this course if they are part of the National Athlete Pool for the CCES]
- **Watch for webinars for coaches or athletes being offered by sport organizations or request a webinar through Curling Canada**
- **Access resources through True Sport** <https://truesportpur.ca/>

## How can the MA or Athletes get answers to Anti-doping questions?

- **General Information about the Canadian Anti-doping Program (CADP)** can be found on the CCES website <https://cces.ca/anti-doping>
- **WCF Anti-doping Program** which outlines repercussions for teams if there is a positive test <http://www.worldcurling.org/anti-doping-and-medical>
- **World Anti-doping Agency (WADA)** <https://www.wada-ama.org/en>

## What to do if an athlete is taking a medication:

- **Check the medication at** [www.globaldro.com](http://www.globaldro.com)
- **If the athlete is a member of the National Team Program or registered on the CCES National Athlete Pool (NAP) they MUST apply for TUE for any substance prohibited in or out of competition**
- **Athletes competing at a national event should apply for a TUE for any substance prohibited in-competition**
- Athletes competing at any other events are not required to apply for a TUE for prohibited substances unless they are subject to a random doping test – then they may apply for the TUE retroactively

## Suggestions for opportunities to educate athletes:

- Summer Camps
- High Performance Training Camps
- Curling Clinics
- Reminders in newsletters
- Link MA website to resources on CC website <https://www.curling.ca/about-the-sport-of-curling/high-performance/canadian-anti-doping-program/>

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