



POLICY CATEGORY: COMPETITIONS

POLICY TITLE: HELMET USE POLICY

POLICY NUMBER: 5.05

DATE APPROVED: SEPTEMBER 10, 2018

PURPOSE:

It is recognized in general by the curling community, including Curling Canada and the Nova Scotia Curling Association, that wearing a helmet can reduce the risk of severe head injury and even save a life therefore NSCA has established this policy which mandates that all competitors under the age of twelve (12) years must wear an appropriate helmet on-ice at all NSCA sanctioned events and championships.

ADDITIONAL RECOMMENDATION:

- The NSCA strongly recommends that anyone in a Learn-To-Curl program (adults or juniors) wear protective headgear on-ice.
- The NSCA strongly recommends that anyone who is vulnerable (related to experience, medical, etc.) wear protective headgear on-ice or sign a waiver if choosing not to wear protective headgear

DEFINITIONS:

Appropriate Helmet - While no specific approved standard exists for curling helmets, NSCA considers that the kind of impacts associated with curling are akin to those in ice skating. A helmet standard does not currently exist for ice skating, either, but the U.S. Consumer Product Safety Commission (CPSC) suggests that until such standards are written, wearing one of the below-listed types of helmets while ice skating is preferable to wearing no helmet at all. NSCA adopts and applies the CPSC philosophy and advice as regards the wearing of helmets under this policy. A helmet, which conforms to the below-listed standards and is worn according to the manufacturer's instructions will be considered an appropriate helmet in compliance with this helmet policy:

Bicycle: ASTM F1447; Snell B-90A, B-95, N-94; CPSC

Hockey: NOCSAE ND030; ASTM F1045

POLICY STATEMENT:

All curlers under the age of twelve (12) years must properly wear an appropriate helmet at any time when on the ice at a Nova Scotia Curling Association sanctioned event.

SCOPE:

This policy applies to all NSCA sanctioned events.

RELATED PROCEDURE(S):

At the start of each draw or practice or clinic in which there are participants who are under the age of twelve (12) years, the host committee will appoint a person to ensure that all such participants are wearing helmets while on the ice.

All coaches of participants who are under the age of twelve (12) years will ensure that all such participants under their charge are wearing helmets while on the ice.

Breach of this policy results in the curler leaving the game and not permitted to return until he/she conforms to the policy.

Revision History	
Date Approved	Comments
September 10, 2018	