

2025 Under-20 Men and Women



COMBINED EVENT

Date: February 5 to 9, 2025 (Wednesday to Sunday)

Location: Truro Curling Club

Registration Deadline: December 22, 2024

Entry Fee: \$400.00 + Curling Canada Competitor Fee of \$25.00 per participant, including alternate.

Notice: NS Curling's Championship Rules may be changed, in whole or in part, prior to the playdown process. The rules for one year's championship will not be construed to give or imply any right for future championships. NS Curling policy is to publicize its rules in advance of the competition affected by those rules. Any mistakes, omissions or ambiguity may be subject to clarification by the Competitions Director. This document can be deemed final 14 days prior to the start of the championship.

See below for competition specific details that are in effect for both the Men's and Women's championships. **In the event there is a perceived conflict between the Competitor Guide and this document, this document is considered to take priority.**

A. ELIGIBILITY

- 1) The provincial championship is an open entry with no qualification event.
- 2) Teams **MUST** register four (4) players and an eligible coach. Teams may register an alternate.
- 3) All players and alternate must be Canadian citizens, residents of Nova Scotia, and less than 20 years of age on June 30, 2024.
- 4) All players and alternate must be a member in good standing of a NS Curling affiliated curling club but not necessarily the same club.
- 5) For more information regarding eligibility rules consult [Competitor Guide, Section D\(2\)](#).
- 6) The original four (4) players, alternate and coach must be registered in Curling IO. The host club or umpires shall not accept any personnel changes to the original roster. For more information regarding team registration or team rosters consult [Competitor Guide, Sections B\(3\) and B\(4\)](#).
- 7) All athletes under the age of 12 years old must wear a helmet while on ice during this event.
- 8) A delivery stick is **NOT** allowed.

B. HOSTING INFORMATION

- 1) A minimum of four (4) sheets of ice is required.
- 2) The event is scheduled for a maximum of five (5) days.
- 3) NSCA stones may be assigned for this event. Should there be more than four (4) ices used, the teams on the outside sheets will be required to use the Host Club stones. **NOTE: The 2025 championship will use Truro Curling Club stones.**
- 4) The event will be officiated.
- 5) Games will be timed.
- 6) There will be a pre-competition practice scheduled.
- 7) There will be a pre-game practice scheduled prior to each draw.
- 8) House buttons should be the same size and triangulation measurement points established.

- 9) Games will have live scoring on the NS Curling website.

C. UMPIRES

Once the competition starts the Chief Umpire has the general supervision and governance of the rules and procedures. The Chief Umpire shall have full authority to enforce the rules of the game as adopted by NS Curling. The decision of the Chief Umpire is final in all aspects involving judgment calls. In emergency situations, the Chief Umpire may have to act immediately in areas outside of rules, policy or precedent. In these situations, the Chief Umpire is the final authority.

The Chief Umpire may intervene at any time and give directions to any player or coach. They may suspend or expel a player or coach for abusive or unacceptable behaviour, including bad language. All conduct matters will be fully documented and filed with NS Curling for subsequent review and follow-up. For more information regarding officiating consult [Competitor Guide, Section C\(2\)](#).

D. COACHES

- 1) Each team MUST be accompanied by a certified coach. Coaches must be current with their competition specific NCCP credentials and NS Curling requirements.
- 2) Coaches are considered a team member and must abide by all relevant policies and team expectations. For more information regarding coaching consult [Competitor Guide, Section B\(7-10\)](#).
- 3) Curling Canada’s U-20 Coach Interaction Rules will be in effect for this event. For more information on the Coach Interaction Rules consult [Competition Special Rules](#).
- 4) The Curling Canada ‘Fair Play Time Out Rule’ shall be in effect. The Fair Play Time Out can not be taken during the final end of play.

E. CHAMPIONSHIP HISTORY

Prior to 2018 qualification events were held to qualify for provincials.

Year to Year Participation Information

	2024	2023	2022	2021	2020	2019	2018	2017	2016	2015
Men	6	6	Covid	Covid	8	10	10	10	11	9
Women	10	7	Covid	Covid	8	8	7	9	?	9
Date	Feb 16-20	Jan 11-15	Feb 13-17	Feb 19-23	Dec 27-31	Dec 27-31	Dec 27-31	?	Dec 27-31	?
Host	Truro	Truro	Truro	Truro	?	Lakeshore	Lakeshore	Amherst	Lakeshore	Lakeshore

F. PROVINCIAL CHAMPIONSHIPS

GENERAL

- 1) This championship is a designated Tier 1 NS Curling event.
- 2) The WCF moratorium on brush heads is in effect and the exchanging of brooms and changing brush heads during play will not be allowed. For more information on sweeping equipment consult [Competitor Guide, Section C\(3\)](#).
- 3) Umpires will conduct all measurements.
- 4) Players and coaches cannot be in the ice shed at any time during the event without an Umpire present who has been assigned to and is working the event.
- 5) Teams are not permitted to practice at the host club within 24-hours of the start of competition, unless they are a regular member of the club with a regularly scheduled game during that 24-hour period.

- 6) In the event of a Force Majeure and the provincial championship is not able to be held, all entry fees will be refunded. The selection of the team to represent NS at Nationals will be governed by the Competitions Advisory Panel.
- 7) Players and coaches are prohibited from consuming alcoholic beverages or use any mind-altering substance from the time they leave home for travel to the event and until they arrive back at home after the conclusion of their event. Violation will result in immediate suspension of the player(s) or coach involved, and subject to further disciplinary action.

COMPETITION FORMAT IN THE PRELIMINARY ROUND

- 1) The anticipated format for this championship is Round Robin play.
- 2) The number of participating teams will determine:
 - a. if teams will be divided into one (1) or more pools
 - b. the number of teams qualifying for the playoffs.
- 3) Nova Scotia has been awarded a second berth in both the Men's and Women's Canadian Championships. The playoff format will determine two (2) representatives for each gender.

RANKING & DRAW PLACEMENT PROCEDURE

- 1) Self-Seeding will be used to determine the ranking of teams into the draw.
- 2) For more information regarding self-seeding consult the [Competitor Guide, Section D\(6\)](#).

GAME TIMING

- 1) Time clocks will be used for all games. However, certain compromises could be made depending upon club space, available equipment, number of volunteers, etc.
- 2) All games are scheduled for ten (10) ends duration.
- 3) As per Curling Canada U-20 Coach Interaction Rules:
 - a. Maximum two (2) interactions in first five (5) ends of game
 - b. Maximum two (2) interactions in final five (5) ends of game
 - c. One (1) interaction per extra end
 - d. Each team will receive 40 minutes of thinking time to complete the game.
 - e. Each team will receive five (5) minutes of thinking time for each extra end.
 - f. The mid-game break is five (5) minutes.
 - g. Time between ends is 60 seconds. Game clocks will start after 60 seconds.
 - h. There will be a three (3) minute break before starting an extra end.
 - i. There will be no timeouts.

PRE-COMPETITION PRACTICE

- 1) The amount of practice time will be identified in the Championship Draw Schedule. Each team will be scheduled the same amount of practice time.
- 2) As a matter of courtesy please let the Competitions Director know if you are not going to attend your practice session.
- 3) For more information regarding pre-competition practice guidelines consult [Competitor Guide, Section D\(8\)](#).

PRE-GAME CALL

- 1) Thirty (30) minutes prior to the scheduled game time, when announced, teams will report to the designated pre-game area to confirm their line-up, readiness to play, and to receive any instructions.

- 2) For round robin formats, the team listed first will be assigned dark-coloured handles. Dark coloured handles will practice first.
- 3) A draw to the button competition will be used to determine last stone advantage in the first end. Each team will name their two players who will deliver the Last Stone Draws for that game, including which turns will be thrown.

PRE-GAME PRACTICE

- 1) Twenty-five (25) minutes prior to scheduled game time, first practice will be announced.
- 2) It will consist of up to one-minute of slider cool-down with sliding, seven (7) minutes of practice time with a one (1) minute remaining warning, then, a one (1) minute time period for each Last Stone Draw. Second practice will follow the same format. Please follow the umpire's announcements.
- 3) Coach and alternate are allowed access on the ice surface during practices with appropriate curling footwear.

LAST STONE DRAW (LSD) IN THE PRELIMINARY ROUND

- 1) Last stone advantage in the first end will be decided by a draw to the button contest immediately following the pre-game practice.
- 2) In Round Robin format competitions two (2) LSDs will be thrown.
- 3) Stones will be thrown with the rotation identified in the pre-game call.
- 4) For more information on LSD procedures consult [Competitor Guide, Section D\(12\)](#).

TIE-BREAKER GAMES

- 1) A maximum of one (1) tie-breaker draw will be scheduled.
- 2) Tie-breaker games are not considered to be playoff games.
- 3) For more information regarding playoff rankings and tiebreaker games consult [Competitor Guide, Section D\(14 and 15\)](#).
- 4) In the pre-game call the winner of the coin flip will choose stone handle colour OR practice order. A draw to the button competition will determine last stone advantage in the first end.
- 5) In all tie-breaker games, teams will use the stones on the assigned game sheet.

PLAYOFF MEETING

- 1) The Chief Umpire will administer the playoff and tie-breaker process.
- 2) Immediately following the conclusion of the preliminary round final draw, a meeting will occur between the Chief Umpire, and the coaches of all tiebreaker and playoff teams.
- 3) The Chief Umpire will identify each team's advantages and choices with respect to hammer or handle colour selection(s), and any adjustments to scheduling or ice allocation if necessary.
- 4) A team that does not attend the playoff meeting forfeits their game choices (last stone advantage in first end, stone handle colour, and practice order) to which the team may be entitled.
- 5) Playoff and tie-breaker games will follow the procedures described in the [Competitor Guide, Section D\(14-20\)](#).