



Coaching Newsletter

July/August 2024



Paris 2024

Inspiration is all around us as coaches watching the 2024 Olympics in Paris. Seeing NS athletes competing against the best in the world is so thrilling and it never gets old! An incredible coaching connection to NS is through Women's Rugby Sevens. Jack Hanratty worked with Rugby NS for nine years before moving into the Head Coach role with Rugby Canada. Hanratty is now an Olympic Silver medalist with Canada's best performance to date!

Hanratty on becoming head coach "It has been an honour to lead this incredible group on an interim basis and I'm delighted to be continuing in the role full time and continue with the strides we made this year. I would also like to express my gratitude to Rugby Nova Scotia and the Canadian Sport Centre Atlantic for their crucial role in my development and for providing me with the opportunities that have led me to this point."

Curling Canada Age Eligibility Update

In the 2026/27 season Curling Canada will be changing the youth curling age of eligibility and coaching standards. All of the details can be found [here](#).

Curling Canada Youth Curling Webinars

Save the dates! The Youth Curling Webinar Series is back!

Starting in September, Curling Canada will host 6 Youth Curling Webinars on various topics for; coaches, affiliated curling centres, program leaders, and parents. Each session will have special guests to share information and answer questions.

[Registration](#) is open!

Sept 11th @ 8:30pm - Coaching U-15 & U-18

Sept 25th @ 8:30pm - Hosting Youth Programs & Events (U-9 - U-18)

Oct 9th @ 8:30pm - Girls Rocks


Oct 29th @ 9pm - School Curling for Teachers

Nov 5th @ 9pm - Hit Draw Tap(U-9 - U-12)

Nov 19th @ 9pm - U15 Regional Rockfest Events

NCCP Competition Development Courses

For those of you working toward becoming Competition Development Certified there has been an update to the courses at [Coach NS](#). If you are in need of completing courses that are not available please contact [Jill](#) to inquire about adding the course.



Junior Event Calendar

For junior coaches planning your season be sure to check out the [NS Curling junior page](#) to see the latest updates for junior events. This [google document](#) will be updated regularly as new information comes in from event organisers. Please feel free to share the link with anyone you think would benefit from having the schedule handy!

Curling IO

As the season approaches we will continue to update [Curling IO](#) with coaching and ice tech courses.

VIP Coaching Program



Congratulations to Coach Jennifer Chase on becoming July's Support4Sport VIP Coach of the Month! Jennifer coaches the Special Olympics Curling team out of Curl Bridgewater.

As always every coach has the opportunity to be part of the [VIP Coaching Program](#).

True Sport Colouring Pages

For coaches that work with youth and little rock programs here is a little something to have on the warm side of the glass! Get to know the True Sport characters by downloading the social media tiles as [colouring pages](#).



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