



2026 Under-18 Boys and Girls

Date: December 27 to 31, 2025 (Saturday to Wednesday)

Location: Lakeshore Curling Club

Registration Deadline: November 27, 2025 at 12:00 pm (noon).

Entry Fee: \$400.00 + Curling Canada Competitor Fee of \$7.50 per participant, including alternate.

National Championship: February 8 to 15, 2026 at Timmins, ON.

This appendix is subject to review and evaluation, at a minimum, on an annual basis. The rules for one year's championship will not be construed to give or imply any right for future championships. NS Curling policy is to publicize its rules in advance of the competition affected by those rules. Any mistakes, omissions or ambiguity may be subject to clarification by the Competitions Manager. This appendix can be deemed final 14 days prior to the start of the championship.

See below for competition specific details. The rules and details contained in the main body of the Competition Guide apply to this competition. In the event there is a perceived conflict between the Competition Guide and this appendix, this appendix is considered first.

A. PARTICIPATION ELIGIBILITY

- 1) The provincial championship is an open entry, no qualification event.
- 2) Teams **MUST** register four (4) players, and an eligible coach. Teams may register an alternate. A team's registration will not be accepted if all four (4) players and coach are not registered in Curling IO prior to the registration deadline.
- 3) For more information regarding team registration or team rosters consult [Competition Guide, Sections 7.1-7.5](#).
- 4) All players and alternate must be:
 - a) A resident of Nova Scotia
 - b) A member in good standing of a NS Curling affiliated curling club but not necessarily the same club.
 - c) Maximum 17 years of age on June 30, 2025 (born July 1, 2007 or later)
- 5) For more information regarding eligibility rules consult [Competition Guide, Section 12.2](#).
- 6) All athletes under the age of 12 years old **MUST** wear a helmet while on the ice.
- 7) A delivery stick is **NOT** allowed.

B. HOSTING INFORMATION

- 1) A minimum of four (4) sheets of ice is required.
- 2) This event is scheduled for a maximum of five (5) days.
- 3) Club stones will be used.
- 4) The event will be officiated.
- 5) Games will be timed.
- 6) There will be a pre-competition practice scheduled.

- 7) There will be a pre-game practice prior to each draw.
- 8) House buttons should be the same size and triangulation measurement points established.
- 9) No opening ceremony.
- 10) Games will have live scoring on the NS Curling website.

C. UMPIRES

Once the competition starts the Chief Umpire has the general supervision and governance of the rules and procedures. The Chief Umpire shall have full authority to enforce the rules of the game as adopted by NS Curling. The decision of the Chief Umpire is final in all aspects involving judgment calls. In emergency situations, the Chief Umpire may have to act immediately in areas outside of rules, policy or precedent. In these situations, the Chief Umpire is the final authority.

The Chief Umpire may intervene at any time and give directions to any player or coach. They may suspend or expel a player or coach for abusive or unacceptable behaviour, including bad language. All conduct matters will be fully documented and filed with NS Curling for subsequent review and follow-up. For more information regarding officiating consult [Competition Guide, Section 9.2.](#)

D. COACHING STANDARD

- 1) Each team MUST be accompanied by a registered Coach who must be present within the event facility.
- 2) Teams may register an Assistant Coach.
- 3) Only coaches meeting the required coaching credentials will be permitted on-ice access. No exemptions to certification standards will be provided.
- 4) For more information regarding coaching consult [Competition Guide, Sections 8.1-8.4.](#)
- 5) Coaches will employ Curling Canada's U-18 Coach Interaction Rules. For more information on Coach Interaction Rules consult [Competition Special Rules.](#)
- 6) The Curling Canada 'Fair Play Time Out Rule' shall be in effect. The Fair Play Time Out can not be taken during the final end of play.

E. CHAMPIONSHIP HISTORY

First National Championship was held in 2017.

Year to Year Participation Information

	2025	2024	2023	2022	2021	2020	2019	2018	2017
Boys	9	11	7	Covid (8)	Covid (11)	13	13	15	12
Girls	9	10	9	Covid (10)	Covid (11)	12	14	11	13
Date	Dec 27-31	Dec 27-31	Dec 27-31	Mar 18-20	Dec 27-31	Mar 5-9	Mar 8-11	Mar 2-5	?
Host	Lakeshore	Lakeshore	Lakeshore	Lakeshore	Lakeshore	Truro	Truro	Truro	?

F. PROVINCIAL CHAMPIONSHIP

GENERAL

- 1) This championship is a designated Tier 2 NS Curling event.
- 2) The WCF moratorium on brush heads is in effect and the exchanging of brooms and changing brush heads during play will not be allowed. For more information on equipment consult [Competition Guide, Sections 10.1-10.2.](#)
- 3) Umpires will conduct all measurements.
- 4) Players and coaches cannot be in the ice shed at any time during the event without an Umpire present who has been assigned to and is working the event

- 5) In the event of a Force Majeure and the provincial championship is not able to be held, all entry fees will be refunded. The selection of the team(s) to represent NS at the Canadian championships will be governed by the Competitions Advisory Panel.
- 6) Players and coaches are prohibited from consuming alcoholic beverages or use any mind-altering substance. This shall include the entire period from departure to the competition through to and including arrival at home from the event. Violation will result in immediate suspension of the player(s) or coach involved, and subject to further disciplinary action.

COMPETITION FORMAT IN THE QUALIFYING ROUND

- 1) The anticipated format is round robin pool play.
- 2) The number of participating teams will determine:
 - a) If teams will be divided into one (1) or more pools
 - b) Teams shall play a minimum of four (4) games in the qualifying round.
 - c) NS Curling has been awarded a second berth in both the Boy's and Girl's Canadian Championships. The playoff format will determine two (2) representatives for each gender.
 - d) NS Curling reserves the right to modify the draw format to meet the requirements of the championship.
- 3) Each game is scheduled for eight (8) ends.
- 4) Teams may play a maximum of three (3) games per day, three (3) game days cannot be scheduled for two (2) consecutive days, excluding playoffs.
- 5) The official draw and schedule will be emailed to the primary team contact.
- 6) For more information regarding official draw preparation consult [Competition Guide, Section 12.3](#).

RANKING & DRAW PLACEMENT PROCEDURE

- 1) Self-Seeding (peer ranking) will be used. Teams will be placed into the draw based on the results of the ballots received.
- 2) For more information regarding self-seeding consult [Competition Guide, Section 12.7](#).

GAME TIMING

- 1) Games will be timed. However, certain compromises could be made depending upon club space, available equipment, number of volunteers, etc.
- 2) As per Curling Canada U-18 Coach Interaction Rules:
 - a) maximum one (1) interaction per end, one (1) interaction each extra end.
 - b) each team shall receive 34 minutes of thinking time; extra ends are five (5) minutes.
 - c) the mid-game break is five (5) minutes.
 - d) time between ends is 60 seconds. Game clocks will start 10 seconds after the 60 seconds has lapsed.
 - e) there will be a three (3) minute break before starting an extra end.
 - f) there will be no timeouts.
- 3) For more information regarding game timing consult [Competition Guide, Section 12.8](#).

PRE-COMPETITION PRACTICE

- 1) There will be a pre-competition practice scheduled.
- 2) Teams are not required to participate. As a matter of courtesy please let the Competitions Manager know if you are not going to attend your practice session.

- 3) Teams are NOT permitted to practice at the host club within 24-hours of the start of competition, unless they are a regular member of the club with a regularly scheduled game during that 24-hour period.
- 4) For more information regarding pre-competition practice guidelines consult [Competition Guide, Section 12.9.](#)

PRE-GAME CALL

- 1) Thirty (30) minutes prior to the scheduled game time, when announced, teams will report to the designated pre-game area to:
 - a) confirm their line-up and readiness to play
 - b) name which player will be throwing the LSD clockwise rotation and which player will be throwing the LSD counter-clockwise rotation.
 - c) receive any instructions.
- 2) For more information regarding pre-game call consult [Competitions Guide, Section 12.10.](#)
- 3) A draw to the button competition will be used to determine last stone advantage in the first end.

PRE-GAME PRACTICE

- 1) Twenty-five (25) minutes prior to scheduled game time, first practice will be announced.
- 2) It will consist of up to one-minute of slider cool-down with sliding, seven (7) minutes of practice time with a one (1) minute remaining warning, then, a one (1) minute time period for each Last Stone Draw. Second practice will follow the same format. Please follow the umpire's announcements.
- 3) Pre-game practice is not mandatory, but the team's attendance is required for Last Stone Draw.
- 4) Coaches and alternates are allowed access on the ice surface during practices, with appropriate curling footwear.
- 5) For more information regarding pre-game practice consult [Competition Guide, Section 12.11.](#)

LAST STONE DRAW (LSD) IN THE QUALIFYING ROUND

- 1) Last stone advantage in the first end will be decided by a draw to the button contest immediately following the pre-game practice.
- 2) Under the direction of the umpire, teams will deliver two (2) LSDs. The first LSD will be thrown in the clockwise rotation; the second LSD will be thrown in the counter-clockwise rotation.
- 3) Each player will deliver an equal number of clockwise and counter-clockwise LSD stones. If there are an odd number of games a variation of one rotation per player must occur.
- 4) For more information on LSD procedures consult [Competition Guide, Section 12.12.](#)

TEAM RANKING AND PLAYOFF PROCESS

- 1) The Chief Umpire will make all decisions with regard to the administration of playoff games.
- 2) Playoff teams will be ranked and placed into the playoff draw according to their qualifying round results.
- 3) There will be NO tiebreaker games scheduled.
- 4) Immediately following the conclusion of the qualifying round final draw, a meeting may occur between the Chief Umpire and all playoff teams. Teams must send one (1) team member (i.e. a player or coach).
 - a) The Chief Umpire will identify each team's advantages and choices with respect to hammer, handle colour selection, and any adjustments to scheduling or ice assignments.

- b) A team that does not attend the playoff meeting forfeits their game choices (last stone advantage in first end, stone handle colour, and practice order) to which the team may be entitled.
- 5) The full playoff process is described in the [Competition Guide, Sections 13.1-13.6.](#)