



Gender Inclusion

Policy Category	Competitions
Policy #	5.06
Approved Date	April 13, 2026

Preamble:

The Nova Scotia Curling Association encourages all interested persons to participate fully in our sport and we aim to create an open, safe and welcoming environment for Curling in our province. While it is true that there are gender specific categories and rules in curling (“Men’s”, “Women’s” and “Mixed”) which traditionally were seen to refer to birth gender, the NSCA permits, where possible, curlers who do not identify with their birth gender to participate and compete as the gender with which they identify.

Curling, more than most other sports, requires the participants to self-police their play and to individually follow all rules and ethics; it is therefore the intention of the NSCA that such sportsmanship will be followed by all who make use of this policy.

Purpose:

To outline the rules around participating and competing in curling events as participants chosen or identified gender.

Scope:

This policy applies to all Nova Scotia Curling Association sanctioned events, except for events which lead to qualification for national competitions (for example Curling Canada or Canada Games) or lead to competition under another jurisdiction; the policies of that jurisdiction will apply to the NSCA competition.

Policy:

1. All players participating in an NSCA sanctioned event may compete as the gender with which they identify, except:
 - a. For any event which leads to subsequent competition (provincial championships, qualifiers etc.) the policy of the jurisdiction holding the subsequent competition will apply to the NSCA sanctioned event.
2. Nothing in the policy precludes any appeal or disciplinary policy of the NSCA.